

**Northamptonshire  
Domestic Abuse Service**



**TRAINING**

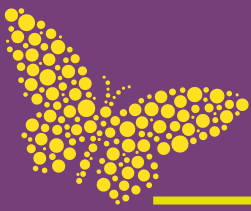
**BROCHURE**



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**Telephone: 0300 0120154**

**[www.ndas.co](http://www.ndas.co)**



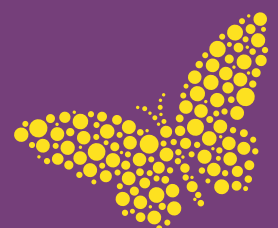
# About us

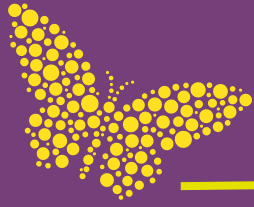
Northamptonshire Domestic Abuse Service (NDAS) began under the name of Northampton Women's Aid in 1976. Originally staffed by volunteers, the organisation has changed a great deal since then but has always been dedicated to helping and supporting the victims of domestic abuse.

Our experience and statistics tell us that women are the main victims of domestic abuse. Much of the work we do is supporting women. However, this is not inclusive. We have helped and continue to support victims and survivors from all genders and walks of life, covering all ethnicities, socio-economic statuses, sexual orientations and religions.

## Our Vision and Values

NDAS is committed to saving lives, reclaiming lives and improving the lives of individuals and families who are affected by domestic abuse. We believe that everyone, adults and children, has the right to live in a safe environment that allows them to thrive, realise their potential and develop at their own pace. We want to prevent, reduce and minimise the harm inflicted by domestic abuse and help families be happy, healthy and resilient; and for future generations be free from abuse and fear.





# NDAS Training

We provide a range of courses designed to increase your understanding of domestic abuse and how best to offer support to families.

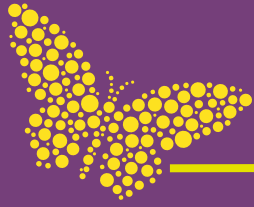
Our training courses can be delivered in 1, 4 or 6 hourly sessions and are suitable for large group bookings.

All of our courses can be tailored to create a bespoke course, suited to the needs of your organisation. All our training courses are currently scheduled to run between 10am - 4pm, although hours outside of this can be discussed.

Our courses can be delivered virtually, or delivered in person on your own premises

For enquiries on group bookings, price enquires or bespoke training, please email us on: [training@ndas-org.co.uk](mailto:training@ndas-org.co.uk)  
For more information and other services please visit [www.ndas.co](http://www.ndas.co)



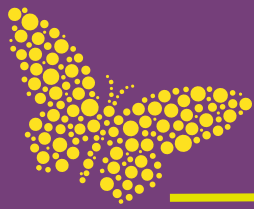


# NDAS Training Courses

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- Talks and services presentation (up to 1 hour)
- Introduction to Domestic Abuse (up to 4 hours)
- Domestic Abuse Awareness (with CPD accreditation / 6hours)
- The Impact of Domestic Abuse on Children and Young People
- NDAS at Work
- Professional boundaries and Lone Working
- Multi Agency Risk Assessment Conference (MARAC) with Domestic Abuse, Stalking, Harassment and Honour Based Abuse (DASH) risk assessment
- Bespoke
- Honour Based Abuse
- Safeguarding





# Domestic Abuse Awareness

## TALKS/SERVICES PRESENTATION

1 hour

This package includes:

- What is domestic abuse
- Warning signs
- How to be supportive/ what you can do
- NDAS service provision
- Local signposting/support networks

## Introduction to Domestic Abuse

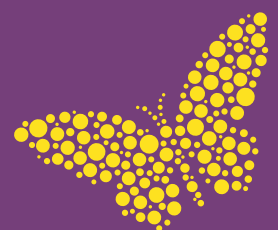
4 hours

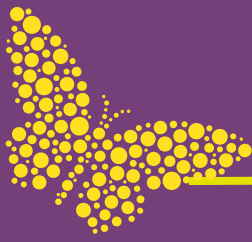
This package includes:

- What is domestic abuse?
- The extend of domestic abuse
- The impact on victims and children.
- Best practitioner response
- Honour Based Abuse



Training





# Domestic Abuse Awareness

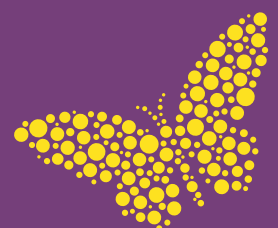
6 hours

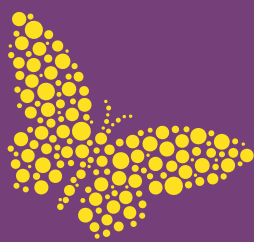
This course includes:

- Knowledge on what domestic abuse is
- Awareness of the extent of this
- What impact it may have on victims and children
- The best response and who can help.
- Honour-based abuse
- Introduction to the MARAC process
- DASH risk assessments
- Safety planning

The course is currently running online every 8 weeks. It is suitable for any professional that works with victims of domestic abuse as part of their role.

Available virtually or in person.





# The Impact of Domestic Abuse on Children & Young People

4 hours

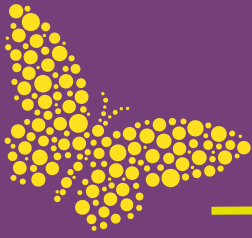
This training package is suitable for anyone supporting children and young people

It Includes:

- What is Domestic Abuse?
- Effects Domestic Abuse may have on Children and young people
- What might you see?
- Extra-Familial Harm
- Ways to work with Children and Young People who may have experienced Domestic Abuse
- Local and National services
- High Risk Red Flags

Available virtually or in person





# NDAS at Work

Everyone has the right to feel safe in their place of work, however for many this is not the case. Two women each week and one man each month are killed in England and Wales by a current or former partner. These people could be a part of your work force. NDAS at Work is an annual package of support which is offered in tiers of **gold**, **silver** and **bronze** packages.

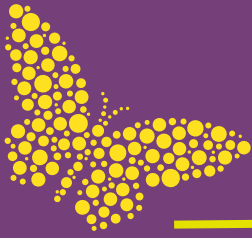
Consultancy review of business requirements	✓	✓	✓
Use of NDAS logo on company website/social media, along with your organisation's logo on NDAS website	✓	✓	✓
DA Policy (review or implementation) and expert advice on how to embed in your organisation	✓	✓	✓
Helpline for Managers/HR staff to access specific support/advice for staff members	✓	✓	✗
Annual Training programme/refresher for HR/Line Managers	Max of 30	Max of 15	Max of 5
Drop-in services for employees	1 per fortnight	1 per month	✗
Attendance at internal awareness raising events/staff meetings	3 per year	1 per year	✗
Provision of promotional materials to use on site, updated annually	✓	✓	✗



Training







# NDAS Training Packages

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## Professional Boundaries

## Lone Working

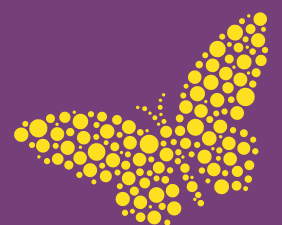
Our internal training on professional boundaries and lone working is available for online delivery. This training covers how to remain professional and safe when working with clients. Approximately 1.5 hours long. Group bookings only.

## MARAC and DASH Risk Assessment

Learn about the multi-agency risk assessment conference. How to complete a DASH risk assessment form, how to appropriately refer in and the expectations on the professional. Available online or in person - group bookings only.

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**Please contact [training@ndas-org.co.uk](mailto:training@ndas-org.co.uk) to discuss and receive a quote**





# NDAS Training Packages

## BESPOKE

NDAS will discuss your training needs with you and create a training package bespoke to your needs. Please contact [training@ndas-org.co.uk](mailto:training@ndas-org.co.uk) to discuss and receive a quote

## Honour Based Abuse

Coming soon!  
Honour based abuse: What it is, its impact, case studies, honour crimes and much more

## Safeguarding

Our internal safeguarding training is available for online training. Suitable as a refresher. Approximately 2 hours long.



PLEASE VISIT OUR WEBSITE FOR  
UPDATES  
AND CONTACT US FOR PRICES

# Northamptonshire Domestic Abuse Service



*Please click the icons to visit our  
social media platforms*



Call us now:  
0300 0120 154



For more info: [www.ndas.co/](http://www.ndas.co/)  
[training@ndas-org.co.uk](mailto:training@ndas-org.co.uk)

