

Rushden

Rushden Library
Monthly on Thursdays
12 noon- 2pm (appt only)

Rushden Library, Newton Road,
Rushden

Kettering

Montagu St Childrens Centre
Mondays 9.30-12 noon

Montagu St, Kettering

Raunds

Raunds Community Centre
Monthly on Thursdays
9.30-11.30am

Raunds Community Centre, High
St, Raunds

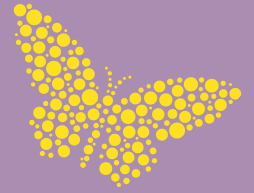
Wellingborough

**The Daylight Centre
and The Bridge**

Daylight Centre: Every 4th Friday

Bridge: Alternate Fridays 11.30am-1pm
(appt only)

The Daylight Centre: 10 High St Place
The Bridge: Oxford St



DROP IN SERVICES

North Northants

NDAS offer free and confidential drop in services throughout Northamptonshire.

You will be given a safe space to have a support session from one of our specialist advisors.

Our advisors can offer emotional support, practical advice and signposting.

Contact Us

0300 0120 154

www.ndas.co/

advice@ndas-org.co.uk

