



GROUPWORK FOR CHILDREN AND PARENTS

# WHO HAVE EXPERIENCED DOMESTIC ABUSE



## Escape the trap

Escape The TRAP is a programme specifically designed to help young people recognise and protect themselves from teenage relationship abuse. For ages 12 – 16 years old.

Young people will explore the dynamics of power and control within relationships.

**The group runs for 1.5 hours per week for 8 weeks.**

**How can I find out more and where do I book?**

For further information, please contact:

**email:** [infoendas-org.co.uk](mailto:infoendas-org.co.uk) **tel:** 0300 0120154

[WWW.NDAS.CO](http://WWW.NDAS.CO)



**Northamptonshire  
Domestic Abuse Service**

