

Northampton Weston Favell Foodbank Mondays 1-3pm

Top floor, Weston Favell Centre, next to library Please call Kate on **07540 817080**

Northampton The Bridge Project Tuesdays 1-3pm

The Bridge, 63c Gold St, Northampton Please call Amanda on **07816** 408**709**

Towcester The Forum Tuesdays 9.30-11.30am

The Forum, Moat Lane, Towcester Please call Sam on **07469 660965**

NDAS offer free and confidential drop in services throughout Northamptonshire.

You will be given a safe space to have a support session from one of our specialist advisors.

Our advisors can offer emotional support, practical advice and signposting.

Contact Us

0300 0120 154

www.ndas.co/

advice@ndas-org.co.uk

